

CVIHR'S MOBILE HEALTH OUTREACH



TOLL FREE: 1 844 482 4239 or Text 250-510-3637

*Free and confidential
safer sex and drug use
supplies, HIV testing,
referral,
overdose prevention
and
harm reduction!*

Mobile Outreach Hours:

Cowichan: Tuesday 1-8 pm

Parksville: Thursday 4-8 pm

Nanaimo and Ladysmith:

Friday 2:00-9:30 pm

Saturday 6:00-9:30 pm



Leave a message on our confidential voice mail for call back, call the day we are in your area or text when we are open!

Other Health Resources. . . .

Aids Vancouver Island	1-800-665-2437
BC Mental Health and Addiction Info Line	1-800-661-2121
Poison Control	1-800-567-8911
Harris House Health Clinic	1-250-753-6759
Health Link BC	811
Medical Emergencies	911
Vancouver Island Crisis Line	1-888-494-3888
Harm Reduction in General	towardtheheart.com

Know your Health Status; Test, Treat, Prevent!

Fentanyl may be hiding in
the drugs you're using.

You won't see it, smell it or
taste it, but it can kill you.

BE DRUG SMART

Don't use alone.
Start with a small amount.
Learn about naloxone.

Know your source.