

## Island Health

### Island-Wide Services

Discovery Youth & Family Substance Use Services  
*Prevention, Outreach & Counselling Services*  
Greater Victoria area 250-519-5313  
[discovery.southisland@viha.ca](mailto:discovery.southisland@viha.ca)  
Cowichan Valley area 250-737-2029  
Nanaimo / Ladysmith 250-739-5790  
Parksville / Qualicum 250-947-8215  
West Coast 250-266-1565  
Port Hardy & area 250-902-6063  
[discovery@viha.ca](mailto:discovery@viha.ca)  
[www.viha.ca/youth-substance-use](http://www.viha.ca/youth-substance-use)

### Other Island Health Funded Services

#### South Island

Boys & Girls Club Services of Greater Victoria  
*Supported Residential Services* 250-384-9133  
[www.bgcvic.org](http://www.bgcvic.org)

Victoria Youth Empowerment Society  
*Specialized Youth Detox* 250-383-3514  
[www.vyes.ca](http://www.vyes.ca); [syd@vyes.ca](mailto:syd@vyes.ca)

Salvation Army Addiction & Rehabilitation Services  
*Hope House (a male youth recovery facility)*  
Victoria 250-381-9474  
[www.victoriaarc.org](http://www.victoriaarc.org)

Sooke Family Resource Society  
*Youth Outreach & Navigator Service*  
250-642-5152  
[www.sfrs.ca](http://www.sfrs.ca)

Saltspring Island Community Services  
*Prevention & Counselling Services*  
250-537-9971  
[www.saltspringcommunityservices.ca](http://www.saltspringcommunityservices.ca)

#### Central Island

NARSF (Nanaimo)  
*Transitions Youth Withdrawal & Supportive Recovery Program*  
250-754-2773 ext. 218  
[www.narsf.org](http://www.narsf.org)

Tillicum Lelum Aboriginal Friendship Society  
*Youth Safe House (Nanaimo)* 250-753-8266  
[www.tillicumlelum.ca](http://www.tillicumlelum.ca)

Alberni Drug & Alcohol Prevention Service (ADAPS)  
*Prevention, Outreach & Counselling Services*  
Port Alberni 250-724-6166

#### North Island

Hornby Denman Community Health Care Society  
*Youth Outreach* 250-218-6521  
[www.hornbydenmanhealth.com](http://www.hornbydenmanhealth.com)

The John Howard Society of North Island  
*Prevention, Outreach, Counselling, 180 Degrees Detox & Stabilization*  
Courtenay 250-338-7341  
Campbell River 250-286-0611  
Gold River / Tahsis 250-283-2626 ext. 64413  
[www.jhsni.bc.ca](http://www.jhsni.bc.ca)

Campbell River School District #72  
*Prevention Services*  
250-286-4400 ext. 2262



# Vancouver Island Youth & Family Substance Use Services



We welcome all members of our diverse communities.

**We** recognize that youth and families experience a variety of problems associated with alcohol and other drugs.

**We** work with youth's families and/or supports to achieve positive change.

**We** work with any stage of change and in any stage of use by providing or offering information, individual and family counselling, workshops, support and transition planning.



Opening Doors for Youth  
on Vancouver Island

## Mission Statement

Youth and Family Substance Use Services on Vancouver Island are committed to providing effective, integrated, strength-based community services that are accessible and accountable to youth and their supports.

Youth, their families and relevant others will be offered services based on their own goals and can expect our services and staff to be:

- Welcoming
- Confidential
- Respectful
- Client Directed
- Non-Judgmental
- Supportive
- Informative
- Strength-Based
- Culturally Sensitive
- Trauma Informed

**You don't have to see the whole staircase,  
just take the first step.**




**Martin Luther King Jr.**

**We** offer a range of **free services**, including:

- Withdrawal Management Services
- Supported Residential Services
- Individual and Family Counselling Services
- Outreach Services
- Prevention Services
- Individualized Planning Services
- Services for parents/caregivers including groups
- Coordination of services within our system of care

## Service Locations



-  Withdrawal Management Services
-  Supported Residential Beds and Associated Services
-  Community Based Counselling