

NARSF Programs Ltd.

Incepted in 1990, NARSF Programs is a private agency committed to delivering a variety of clinical services to children, families, and the community. Our goal is to promote personal growth through awareness of process, choice and self responsibility.

NARSF Programs Ltd. is funded by The Ministry of Children and Family Development & The Central Vancouver Island Health Authority.

Other NARSF Programs are:

~**EDP** (Eating Disorders Program): clinical services to clients and their families impacted by disordered eating.

~**Family Therapy**: clinical counselling services to children and families referred by MCFD.

~**LIFT** (Living in Families with Teens): a program for parents & youth who are experiencing relationship difficulties

~**MHO** (Youth Mental Health Outreach): a program for school aged children and their families experiencing mental health issues.

~**Harris House Health Clinic, Duncan Mobile Needle Exchange & CVI:**

harm reduction services.

RESOURCES IN NANAIMO

EMERGENCY NUMBERS

Children's Help line.....310-1234
RCMP • Ambulance • Fire.....911
Crisis Line.....1-888-494-3888
Poison Control1-800-567-8911

NON-EMERGENCY NUMBERS

MCFD Child Protection	250-741-5444
Child & Youth Mental Health	250-741-5444
MCFD (Youth Team)	250-741-3600
Aboriginal Child, Family & Community Services (Protection)	250-741-5701
Aboriginal Child & Youth Mental Health	250-741-5734
Discovery Youth & Family Substance Use Services	250-739-5790
Walk In Crisis Counselling Clinic	
Brooks Landing	250-739-5710
Friendship Lelum Youth Safe House	250-753-8266
Haven House	250-756-2452
Harris House Health Clinic	250-753-6759
Kw'umut Lelum Child & Family Services	250-591-0933
NRGH (Hospital)	250-755-7691
Nanaimo Family Life	250-754-3331
Nanaimo Youth Services Assoc.	250-754-1989
Options for Sexual Health	250-753-9511
Parents Together	250-754-9661
Tillicum Lelum	250-753-6578
Youth Services & Probation	250-741-3600



"Helping families achieve their potential"

NARSF Programs Ltd.

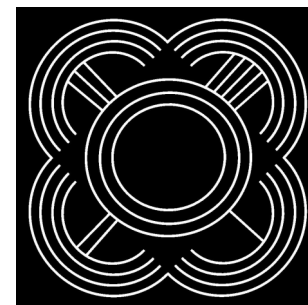
#201-170 Wallace Street, Nanaimo, BC V9R 5B1

Phone (250) 754-2773

Fax (250) 754-1605

Email: admin@narsf.org

**This Program is funded by The Ministry of
Children & Family Development**



**NARSF
PROGRAMS
LTD.**

**SEXUAL ABUSE
INTERVENTION
PROGRAM
(SAIP)**

#202-190 Wallace Street, Nanaimo, BC
V9R 5B1

Phone (250) 754-2773 ext. 216

Fax (250) 754-1605

Email: admin@narsf.org

www.narsf.org

Welcome to the Sexual Abuse Intervention Program (SAIP)

The Sexual Abuse Intervention Program (SAIP) is funded by the Ministry of Children and Family Development and provides a range of clinical services free of charge to the public.

SAIP provides a complementary pairing of prevention and treatment services. The goal is to lessen the impact of trauma associated with sexual abuse for the referred children and their families in the Nanaimo/Ladysmith area.

Our approach is strengths-based and collaborative when working with referred clients, caregivers and other service providers.

Clinical services provide for full screening and assessment and the implementation of cognitive, systemic and behavioral interventions to optimize client functioning in the home, school and community setting.

Who is eligible for services?

Children and youth and their families:

- Under the age of 19;
- Have disclosed sexual abuse or sexual exploitation that may have been reported to the Ministry of Children and Family Development and/or the RCMP, and/or;
- Have sexual behavior problems and are under the age of 12.

Welcome to the Sexual Abuse Intervention Program (SAIP)

What Services are Provided?

- A complete screening and assessment of the referred client and family;
- A client centered plan designed to achieve individual treatment and program goals;
- Health education and referral to community resources;
- Education and consultation services to schools, service providers and community groups.

Desired Client Outcomes:

- ⇒ A reduction in psycho-social challenges related to sexual abuse;
- ⇒ Symptoms of Post Traumatic Stress Disorder are reduced, personal functioning is improved.
- ⇒ Client connection to supportive systems, (family, social, community) will be strengthened.

Welcome to the Sexual Abuse Intervention Program (SAIP)

Contact:

The Sexual Abuse Intervention Program

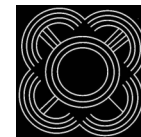
any weekday

from 9:00am-5:00pm.

at:

#754-2773 Ext. 216

We believe that our clients have the inherent strengths, resources and wisdom that are necessary to overcome challenges in their personal and family life.



NARSF Programs Ltd.

"Helping families achieve their potential"

#201-170 Wallace Street, Nanaimo, BC

V9R 5B1

Phone (250) 754-2773

Fax (250) 754-1605

Email: admin@narsf.org